

## **IDB PRECISION RIFLE TARGET DRILL GUIDE**

The Precision Rifle Target from Impact Data Books is the most versatile rifle training target on the market. The ability to quickly hang one target down range that offers thirteen different training drills all in one place allows shooters, trainers, shooting schools, and match directors a simple and effective way to maximize range time.

Each drill area on the Precision Rifle Target offers you multiple ways to shoot that drill. The ability to create your own or use one of the provided drills allows you to use the same type of target while creating new challenges on your range session. The Precision Rifle Target can be used at varying distances from 10-200 yards or meters.

Below we have created a sample drill guide that offers you some ideas and options for training drills to use with our Precision Rifle Target. This list is only the beginning of many challenging and effective shooting drills that can be ran using these targets.

Happy shooting

Impact Data Books

## **CB**

1. Prone shot in a prescribed time. (10-40 seconds)
2. Standing to prone shot in a prescribed time. (10-40 seconds)
3. Kneeling to prone shot in a prescribed time. (10-40 seconds)
4. Sitting to prone shot in a prescribed time. (10-40 seconds)
5. Shooter in prone position ready to shoot CB shot on demand. (1-120 Minute Wait period) to be given the command to fire.
6. Shooter or shooters in prone position ready to shoot CB shot on command countdown.
7. Sprint from start point to rifle and shoot from prone position in prescribed time.
8. Sprint from start point to rifle and shoot from standing position in prescribed time.
9. Sprint from start point to rifle and shoot from kneeling position in prescribed time.
10. Sprint from start point to rifle and shoot from sitting position in prescribed time.

\*\*\*\*\* The above drills can be shot from the ground, off of a vehicle, barricade, tripod, rock, fallen tree, stump or any other improvised training aid.

\*\*\*\*\* In addition these drills all can be done weak side as well.

## **Target 1**

1. Slow fire grouping drill 3 rounds.
2. Slow fire grouping drill 5 rounds.
3. Rapid fire grouping drill 3 rounds in prescribed time. (10-30 seconds)
4. Rapid fire grouping drill 5 rounds in prescribed time. (10-30 seconds)
5. Standing to prone shot in a prescribed time.
6. Kneeling to prone shot in a prescribed time.
7. Sitting to prone shot in a prescribed time.
8. Prone to standing shot in a prescribed time.
9. Prone to kneeling shot in a prescribed time.
10. Prone to sitting shot in a prescribed time.

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## Target 2

1. Prone shot in a prescribed time. (10-40 seconds)
2. Standing to prone shot in a prescribed time. (10-40 seconds)
3. Kneeling to prone shot in a prescribed time. (10-40 seconds)
4. Sitting to prone shot in a prescribed time. (10-40 seconds)
5. Shooter in prone position ready to shoot shot on demand. (1-120 Minute Wait period) to be given the command to fire.
6. Shooter or shooters in prone position ready to shoot on command countdown.
7. Sprint from start point to rifle and shoot from prone position in prescribed time.
8. Sprint from start point to rifle and shoot from standing position in prescribed time.
9. Sprint from start point to rifle and shoot from kneeling position in prescribed time.
10. Sprint from start point to rifle and shoot from sitting position in prescribed time.
11. Slow fire grouping drill 3 rounds.
12. Slow fire grouping drill 5 rounds.
13. Rapid fire grouping drill 3 rounds in prescribed time. (10-30 seconds)
14. Rapid fire grouping drill 5 rounds in prescribed time. (10-30 seconds)

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\*\*\*\*\* In addition these drills all can be done weak side as well.

### Target 3

1. 3 shot group in all dots
2. 5 shot group in all dots
3. 3 shot group in all dots in a prescribed time.
4. 5 shot group in all dots in a prescribed time.
5. Standing to prone shot in each dot in a prescribed time.
6. Kneeling to prone shot in each dot in a prescribed time.
7. Sitting to prone shot in each dot in a prescribed time.
8. Standing to prone shot in one dot once prescribed number is called.
9. Sitting to prone shot in one dot once prescribed number is called.
10. Kneeling to prone shot in one dot once prescribed number is called.
11. Standing to prone multiple shots once prescribed numbers are called.
12. Kneeling to prone multiple shots once prescribed numbers are called.
13. Sitting to prone multiple shots once prescribed numbers are called.
14. 1 shot in each target in counting order 1-5.
15. 1 shot in each target in counting order 1-5 in prescribed time.
16. 1 shot in each target in counting order 5-1.
17. 1 shot in each target in counting order 5-1 in prescribed time.
18. 1 shot in each even number target.
19. 1 shot in each even number target in prescribed time.
20. 1 shot in each odd number target.
21. 1 shot in each odd number target in prescribed time.

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## **Target 4**

1. Slow fire drill one shot in each target.
2. Rapid fire drill one shot in each dot. (20-40) seconds
3. 3 shot group in all dots
4. 5 shot group in all dots
5. 3 shot group in all dots in a prescribed time.
6. 5 shot group in all dots in a prescribed time.

\*\*\*\*\* The above drills can be shot from the ground, off of a vehicle, barricade, tripod, rock, fallen tree, stump or any other improvised training aid.

\*\*\*\*\* In addition these drills all can be done weak side as well.

## Target 5

1. Give shooter a word that only has one of each letter. Shooter will have to spell, find and shoot the letters of the word in order to be successful.
2. Give shooter a word that only has one of each letter. Shooter will have to spell, find and shoot the letters of the word in order to be successful during a prescribed time.
3. Shooter/spotter drill. Spotter will be given a word and he must find a way to tell the shooter what to shoot at without saying the letters.
4. Shooter/spotter drill. Spotter will be given a word and he must find a way to tell the shooter what to shoot at without saying the letters. During prescribed time.
5. Have shooter make up a spell a word by shooting the letters. Give them 10 points for each letter of a completed word. Incomplete words receive zero points.
6. Have shooter make up a spell a word by shooting the letters. Give them 10 points for each letter of a completed word. Incomplete words receive zero points.

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## Target 6

1. This larger dot allows you to shoot any drill you find on this drill guide on it at a greater distance.
2. 3 shots standing. (With or without a prescribed time limit)
3. 3 shots kneeling. (With or without a prescribed time limit)
4. 3 shots sitting. (With or without a prescribed time limit)
5. 3 shots prone. (With or without a prescribed time limit)
6. 5 shots standing. (With or without a prescribed time limit)
7. 5 shots kneeling. (With or without a prescribed time limit)
8. 5 shots sitting. (With or without a prescribed time limit)
9. 5 shots prone. (With or without a prescribed time limit)
10. 3 shots standing using a sling. (With or without a prescribed time limit)
11. 3 shots kneeling using a sling . (With or without a prescribed time limit)
12. 3 shots sitting using a sling . (With or without a prescribed time limit)
13. 3 shots prone using a sling. (With or without a prescribed time limit)
14. 5 shots standing using a sling . (With or without a prescribed time limit)
15. 5 shots kneeling using a sling . (With or without a prescribed time limit)
16. 5 shots sitting using a sling. (With or without a prescribed time limit)
17. 5 shots prone using a sling . (With or without a prescribed time limit)
18. 3 shots standing off of a barricade. (With or without a prescribed time limit)
19. 3 shots kneeling off of a barricade. (With or without a prescribed time limit)
20. 3 shots sitting off of a barricade. (With or without a prescribed time limit)
21. 3 shots prone off of a barricade. (With or without a prescribed time limit)
22. 5 shots standing off of a barricade. (With or without a prescribed time limit)
23. 5 shots kneeling off of a barricade. (With or without a prescribed time limit)
24. 5 shots sitting off of a barricade. (With or without a prescribed time limit)
25. 5 shots prone off of a barricade. (With or without a prescribed time limit)

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\*\*\*\*\* In addition these drills all can be done weak side as well.



## Target 7

1. Know your limits drill – one shot on each dot going large too small.
2. Know your limits drill – one shot on each dot going large too small in prescribed time limit.
3. 3 shot group in each dot
4. 5 shot group in all dots
5. 3 shot group in all dots in a prescribed time.
6. 5 shot group in all dots in a prescribed time.

**Know your limits** – tests your ability to stop while you are ahead. Shooter must take at least one shot. Drill consists of 1-4 shots if at any time the shooter misses they lose all the points scored. First dot is worth 10 points, second dot is worth 20 points, third dot is worth 30 points, and fourth dot is worth 40 points. 100 points total.

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## Target 8

1. Slow fire drill one shot in each target.
2. Rapid fire drill one shot in each dot. (20-40) seconds
3. 3 shot group in all dots
4. 5 shot group in all dots
5. 3 shot group in all dots in a prescribed time.
6. 5 shot group in all dots in a prescribed time.
7. Slow fire drill one shot in each target.
8. Rapid fire drill one shot in each dot. (20-40) seconds (weak side)
9. 3 shot group in all dots (weak side)
10. 5 shot group in all dots (weak side)
11. 3 shot group in all dots in a prescribed time. (weak side)
12. 5 shot group in all dots in a prescribed time. (weak side)

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## **Target 9**

1. Prone shot in a prescribed time. (10-40 seconds)
2. Standing to prone shot in a prescribed time. (10-40 seconds)
3. Kneeling to prone shot in a prescribed time. (10-40 seconds)
4. Sitting to prone shot in a prescribed time. (10-40 seconds)
5. Shooter in prone position ready to shoot CB shot on demand. (1-120 Minute Wait period) to be given the command to fire.
6. Shooter or shooters in prone position ready to shoot CB shot on command countdown.
7. Sprint from start point to rifle and shoot from prone position in prescribed time.
8. Sprint from start point to rifle and shoot from standing position in prescribed time.
9. Sprint from start point to rifle and shoot from kneeling position in prescribed time.
10. Sprint from start point to rifle and shoot from sitting position in prescribed time.

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## Target 10

1. Prone shot in a prescribed time. (10-40 seconds)
2. Standing to prone shot in a prescribed time. (10-40 seconds)
3. Kneeling to prone shot in a prescribed time. (10-40 seconds)
4. Sitting to prone shot in a prescribed time. (10-40 seconds)
5. Shooter in prone position ready to shoot CB shot on demand. (1-120 Minute Wait period) to be given the command to fire.
6. Shooter or shooters in prone position ready to shoot CB shot on command countdown.
7. Sprint from start point to rifle and shoot from prone position in prescribed time.
8. Sprint from start point to rifle and shoot from standing position in prescribed time.
9. Sprint from start point to rifle and shoot from kneeling position in prescribed time.
10. Sprint from start point to rifle and shoot from sitting position in prescribed time.

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## **Target 11**

1. Prone shot in a prescribed time. (10-40 seconds)
2. Standing to prone shot in a prescribed time. (10-40 seconds)
3. Kneeling to prone shot in a prescribed time. (10-40 seconds)
4. Sitting to prone shot in a prescribed time. (10-40 seconds)
5. Shooter in prone position ready to shoot CB shot on demand. (1-120 Minute Wait period) to be given the command to fire.
6. Shooter or shooters in prone position ready to shoot CB shot on command countdown.
7. Sprint from start point to rifle and shoot from prone position in prescribed time.
8. Sprint from start point to rifle and shoot from standing position in prescribed time.
9. Sprint from start point to rifle and shoot from kneeling position in prescribed time.
10. Sprint from start point to rifle and shoot from sitting position in prescribed time.

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\*\*\*\*\* In addition these drills all can be done weak side as well.

## **Target 12**

1. Prone shot in a prescribed time. (10-40 seconds)
2. Standing to prone shot in a prescribed time. (10-40 seconds)
3. Kneeling to prone shot in a prescribed time. (10-40 seconds)
4. Sitting to prone shot in a prescribed time. (10-40 seconds)
5. Shooter in prone position ready to shoot CB shot on demand. (1-120 Minute Wait period) to be given the command to fire.
6. Shooter or shooters in prone position ready to shoot CB shot on command countdown.
7. Sprint from start point to rifle and shoot from prone position in prescribed time.
8. Sprint from start point to rifle and shoot from standing position in prescribed time.
9. Sprint from start point to rifle and shoot from kneeling position in prescribed time.
10. Sprint from start point to rifle and shoot from sitting position in prescribed time.

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\*\*\*\*\* In addition these drills all can be done weak side as well.